

Camelia Elena Bancilă

📍 Nicolae Labiș nr.36, Brașov (Romania)

☎ 0040726398158 ✉ cami_bancila@yahoo.com

College of Psychologists from Romania
Stoian Militaru nr.71
Bucuresti
Romania

Brasov, 10 February 2019

Application: Standing Committees – SCs - SC on Psychology and Health

Dear Mr. President Dafinoiu

I would like to express my interest in applying for Standing Committee of the Scs SC on Psychology and Health.

My fourteen years experience of working as a psychologist in an institution with over 1000 employees motivates me to apply for this position. Since the very early stages of my career as a psychologist I was always interested in the psychological health and well being of my colleagues and in their efficiency. I can describe my practice as being very much defined by my potential and skills that I developed in connecting with the healthy part of each individual or client that I was working with. This way and through the means of the therapeutic alliance I'm helping them to achieve their full potential in work.

The book '*Clinical Supervision, The Pocket Guide of Therapist*' that I published in November 2018, was written from my motivation and desire to implement in Romania the model of supervision practice that is followed by the British Society. I very much believe that the society of psychologists from Romania will inevitably take the same road and will soon have to align with the practice of other psychological societies from Europe. As a member of the College of Psychologists from Romania I will be making all the necessary efforts to support this transformation and that's another reason for applying for a role within the Standing Committee of the Scs SC on Psychology and Health.

In 2018 I attended and successfully completed a supervising course in the United Kingdom and I was awarded a certificate validated by the Association of Independent Therapists in UK, (IPTI). As a result of this training I am now certified to train and qualified to implement the clinical supervision practice in Romania.

Besides this; I have also initiated and developed collaborations and connections with leading psychologists from the British Psychological Society (BPS). These collaborations are in the field of conferences, research and publications. I have been involved in translating and adapting articles related to the philosophy and values of psychological counselling and outlining guidelines to good practice in supervision guidelines that are currently in work and will be published soon.

Another aspect of successful collaboration with colleagues from abroad is the invitation that I received recently to take part in an exchange of experience in the UK where, following this stage of practice, I will be able to register as a therapist in the UK.

I believe that all these exchanges with our colleagues from the UK helped me to gain a good understanding of the structure, education and skills of our colleagues from abroad. It is well known that at the moment there are still significant differences between CPR and other colleges of psychologists from Europe, and I believe that my knowledge and experience would be vital to support the CPR's mission to be part of the EFPA committee.

Lastly, my experience of one and a half years as a Chair of the local of the college of psychologists in

Brasov, together with the evidences presented above, should put me in good stead to be considered as a candidate for the Standing Committee of Psychology and Health.

Thank you

Camelia Băncilă

*Registered Psychologist & Psychotherapist
The Romanian College of Psychologists (RCP)*

"The experience of working and studying across cultures was an eye-opener. This experience raised my own confidence as a psychologist, but also reinforced my appreciation that communication across cultures and languages is easier when you 're in the same room."

PERSONAL INFORMATION

Camelia Elena Bancilă



 Nicolae Labiș nr.36, Brașov (Romania)

 0040726398158

 cami_bancila@yahoo.com

Sex Female | Date of birth 25/02/1981 | Nationality Romanian

JOB APPLIED FOR

Member delegated to Standing Committees on Psychology and Health
EFPA

WORK EXPERIENCE

08/2005–Present

Psychologist

Public Transport Services, Brasov (Romania)

- The psychological evaluation of staff for employment and job maintenance or referral
- Correlation and interpretation of the results of psychological tests
- Use of psychodiagnosis apparatus and instruments
- Psychological counseling of employees
- Coordination of the "Resource and Continuing Development Center"
- Developing counseling and professional development programs based on Hogan instruments
- Maintaining the mental health of employers

11/2018- Present

**Collaborative Consultant at Thinking Connections Counselling & Psychotherapy Services
TCCPC (UK)**

TCCPC is a private psychotherapy service and an approved training organisation in the field of supervision within the United Kingdom. Since the publication of the CLINICAL SUPERVISION Therapist's Pocket Guide in November 2018, I work closely with the TCCPC team, offering expertise in the field of supervision for EU professionals aiming to work within the UK.

07/2017-Present

President of the Brașov branch

The Romanian College of Psychologists (RCP)

06/2014–Present

Private Psychology Practice

- 05/2004–09/2005 **Volunteer**
Foundation for the promotion of small and medium institutions, Braşov, România

- 2002–2003 **Operator data entry and validation**
SC Dorna Lactate S.A, Braşov (Romania)

- 2001–2002 **Promoter**

- 1999–2001 **Sales woman**
SC Leonardo S.A, Braşov (Romania)

EDUCATION AND TRAINING

- 2018 **Certificat of Award for attending Essential Skills for Clinical Supervision**
- 2016 **College of Psychologists Bucharest - certified free practice in main psychologist transport**

- 2016 **College of Psychologists Bucharest-certified free practice specialist work and organizational**

- 2011 **College of Psychologists Bucharest - certified free practice in family psychotherapy, specialist psychologist**

- 2010 **Romanian Federation of Psychotherapy Bucharest - Certified Practitioner in Systemic Psychotherapy**

- 2005 **Diploma in Psychology and Pedagogy at Bucharest University**

PERSONAL SKILLS

Mother tongue(s) Romanian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2
French	B1	B1	B1	B1	B2
German	A1	A1	A1	A1	

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
Common European Framework of Reference for Languages

Communication skills

- good communication skills acquired through promoter activity
- organizational and presentation skills gained by supporting and participating in scientific presentations
- communication and negotiation skills obtained through participation in conflict management seminars

and personal development internships

Organisational / managerial skills Team management, quality gained through the support of workshops in national and international conferences

Job-related skills empathy, confidentiality, leadership

Good knowledge of the quality control processes gained through participation in the ISO course (9001,14004,18001)

Digital skills

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Independent user	Independent user	Independent user	Independent user	Independent user

Digital skills - Self-assessment grid

Conferences Presentations Scientific papers published
 May 2015 AFASES Brasov: "Risky behavior in everyday life"
 November 2014 Sibiu: "Psychological counseling strategies for drivers for optimization and professional integration"
 April 2014 Braşov: "The Art of Living in Couple"
 May 2016 Braşov: Psychological assessment and counseling of candidates for driving license - examples of good practice,
 April 2018 Personality assessment and development of performing groups, psych. Camelia Bancilă and psych. Ciprian Răulea

ADDITIONAL INFORMATION

Publications

CLINICAL SUPERVISION Therapist's Pocket Guide, authors Nistor Becia & Camelia Bancilla Brasov 2018, ISBN 978-606-94584-4-0

Scientific member of the conference organizing committee Working with trauma, Supervising and Reflective Practice November 2018

Member of the Organizing Committee of the Disorders Conference Personality, Braşov 2018

Involvement in international collaborations in the field of clinical supervision, translations and literature article

<https://uzp.org.ro/10304/reuniune-a-psihoilogilor-romani-si-britanici/>